

Need help finding a doctor?

Let Embold Health help you!



Make it simple with Embold Health, visit your My Health Toolkit® and login to find out which doctors are Embold Health Preferred Providers and take advantage of the expanded \$0 copay program in partnership with ICUBA.

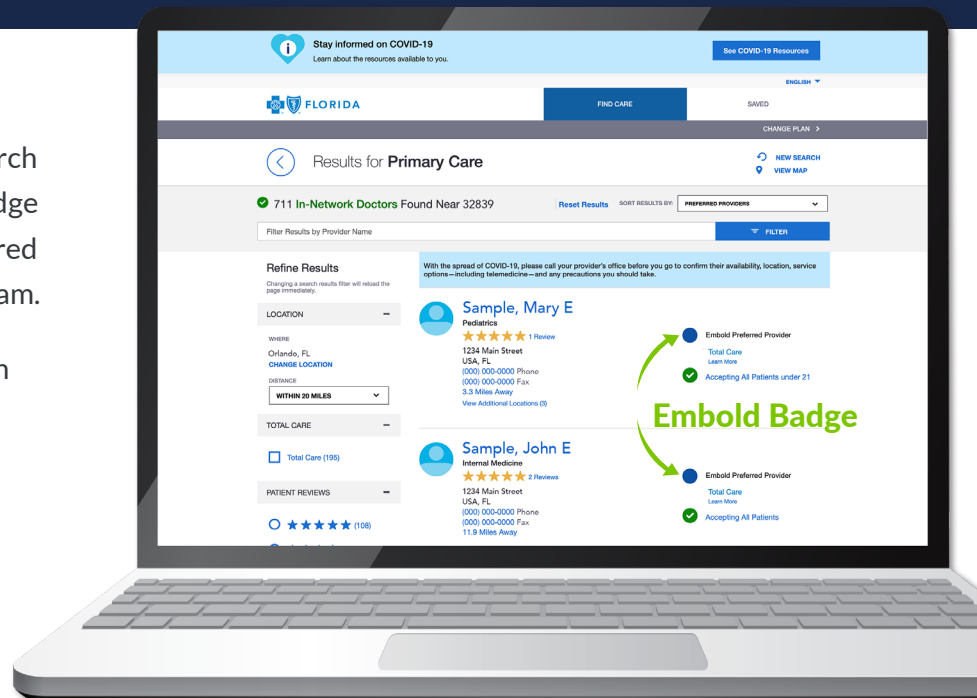
Choosing the right provider for your personal health can be confusing. Embold is here to help make that process simple and give you information you can use to make the best decision.

How does it work?

When you log into **My Health Toolkit®** and search for a provider, look for the Embold Health badge which indicates this is an Embold Health Preferred Provider and participates in the \$0 copay program.

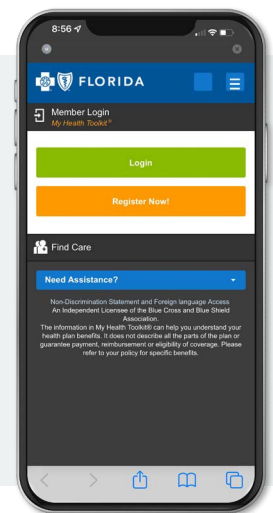
Embold Health Preferred Providers are rated on three factors:

- **Appropriateness** of care (did the provider diagnose correctly and suggest the latest standards of medical care?)
- **Effectiveness** of care (does the provider consistently deliver favorable outcomes?)
- **Cost of care** (is the care reasonably priced?)



How do I get started?

1. Visit **BCBS My Health Toolkit** member.myhealthtoolkitfl.com
2. Click on **Find a Provider** and look for the Embold Health badge
3. **Find a great doctor!** Make an informed choice of a top quality physician near you and use the phone number to schedule an appointment.



The following specialties participate in the ICUBA \$0 Copay Program with Embold Health:

- Primary Care
- Endocrinology
- Spine Care (Orthopedic and/or Neurosurgical)
- Obstetrics
- Pulmonology
- Gastroenterology
- Cardiology
- Joint Care (Orthopedic)
- Pediatrics

Learn more about Embold Health at emboldhealth.com.