

GET STARTED TODAY!

Signing up is easy.

Strive is a well-being resource offered to all employees and their spouses or partners. Join in three easy steps.



Step One

To join Strive, log in to your My Health Toolkit® account and select Wellness, then Strive to enroll.

Step Two

We're committed to keeping your health and wellness data private. Read and accept our Member Privacy Notice, Membership Agreement and Data Consent Notice.

Step Three

Enter your preferred email address, create a password, and provide a few additional details to help us give you the best possible experience. Then select CREATE MY ACCOUNT.

Once you've created your account, you can sign in and get started right away.



To access Strive from your smartphone, scan this QR code to log in to your My Health Toolkit account. Next, select Benefits, then Strive to get started.

