

*Florida Tech Counseling and Psychological Services*  
*Mentor Training Role Playing*

**Scenario #1:**

**You notice that one of your mentees has been acting differently lately. He has been regularly skipping class and you've heard rumors that he's been out frequently and drinking excessively. One day, he looks like he hasn't slept all night and you notice that he smells like alcohol from going out the night before. You're worried about him, so you decide to confront him with your concerns. What do you say? How do you handle the situation?**

**Scenario #2:**

**You notice that one of your mentees has been acting differently lately. He has been isolating from the group and alienating himself by saying hostile things to his peers. He's been very sarcastic with you lately and seems disinterested in being part of the mentoring process. You decide to talk to him about the situation. What do you say? How do you handle things from there?**

**Scenario #3:**

**You notice that one of your mentees has been acting differently lately. She has been acting withdrawn, has been very quiet, and has been hanging out alone every time you see her. You notice these behaviors and decide to talk to her. She says that she's really homesick, that no one at Florida Tech is like her, that she isn't rich and the school sucks, and that she wants to go home. What do you say to her? How do you handle the situation from there?**

**Scenario #4:**

**You notice that one of your mentees has been acting differently lately. She has lost a lot of weight, is wearing baggy clothes, has circles under her eyes, and overall doesn't look "good." On several occasions, you overhear others in your group talking about her, particularly that they think she has an eating disorder and are worried about her. How do you broach the subject with your mentee? How do you handle the situation from there?**

**Scenario #5:**

**You are out at a local club having a great time. You have been really stressed out lately, working really hard to meet all of your obligations and you need to blow off some steam. You look over and see some of your mentees. You realize that you're supposed to serve as a role model for them, you're pretty drunk. How do you handle the situation? What do you say to them the next day when you see them?**

**Scenario #6:**

**It is the middle of the semester. You and all of your mentees are really stressed out. Everyone has been going out a lot this term and you know how weighed down they are by all of their commitments. In fact, almost everyone you know has a cold, including you. You notice that everyone seems out of balance by partying too much. How do you help refocus your mentees to get motivated and prevent them from blowing their term academically?**

**Scenario #7:**

**Your mentee complains after week two that he cannot stand his roommate. The roommate is up late at night, keeps his room a mess, and is always on the computer and is stealing his food. He tells you that residence life won't do anything about it. How do you respond?**

**Scenario #8:**

**Your mentee complains that she is struggling horribly with Calculus class and that the professor is a terrible teacher and half the class is failing and that the teacher is not competent. How do you respond?**