



Life Event Resource & Referral

We all need help from time to time dealing with the twists and turns that life hands us. Whether you are preparing for the arrival of a new child, making living arrangements for an older adult or need help finding the best school for your child, it's good to know that you have a comprehensive life management program that can help.

Your services include professional consultation, along with reliable and up-to-date information and qualified, pre-screened referrals to a broad spectrum of resources. Services help address the challenges faced throughout all life stages including pre-natal, infant, toddler, school-age, teen, retirement, and senior.

Your program can help in a number of ways:

- **Child care**—identifying child-care centers, family child care homes, in-home agencies, pre-kindergarten, before and after-school programs, camps, and more.
- **Elder care**—finding active adult communities, meal services, long-term care facilities, adult day care, transportation services, long-distance care giving, and more.
- **Education**—finding parochial, independent and boarding schools, teen internship and volunteer programs, tutoring, undergraduate colleges and services, graduate schools, financial aid, and more.
- **Adoption**—providing adoption assistance and help in finding domestic and international adoption agencies, and more.
- **Pre-natal**—identifying pre-natal resources, infertility specialists, and more.
- **Special needs**—identifying residential camps, support groups, therapeutic services, retirement planning, and more.

Your program offers:

- The most up-to-date, industry-leading life management library, with more than 3,000 resources via www.MagellanHealth.com.
 - Online child and elder care, education, college and adoption databases for self or assisted search.
 - Convenient referrals to multiple services on a single call.
 - Immediate clinical support when necessary.
 - Educational materials—books, videos, tapes, brochures, workbooks.
 - Customized information packs tailored to meet your specific needs.

Services are available 24 hours a day, 365 days a year. Any day or night, holiday or weekend, you, your spouse, and depending on your program, other members of your household, have access to the same level of expert consultation. Simply call your toll-free number or visit www.MagellanHealth.com.

"Mom can't live alone any longer. I need information on adult living options in her area."

"My child is entering college next year. Where can I get information on financial aid?"

"I often don't get off work until 7:00 p.m. or later. What child care facilities can help when I work an irregular schedule?"

"We want to adopt. But how do we even begin the process?"

ICUBA
Employee Assistance Program
1-800-416-0835