Wellness Boot Camp

September 19, 2018

Evans Hall, Rm 202

7:00-8:30PM

How to Protect Like a Panther

Panthers are natural protectors...next to them you won’t feel afraid or in danger. Wouldn’t it be nice to have a pet panther on your defensive line during the “Red Zone” (the first six weeks of college when students are most likely to be sexually assaulted). Join your fellow panthers to discuss ways to protect yourself and the rest of the team during this time, especially ways to give and obtain consent that it is explicit, effective, and enthusiastic. Space is limited, so arrive early to reserve your spot.

Sponsored by:
The Student Counseling Center (CAPS)
For more information, call 321-674-6050 or visit www.fit.edu/counseling-and-psychological-services