Humana Dental DHMO Members
How to Select Your Primary Care Dentist
2014

How to Search for a Provider
- Visit www.humanadental.com
- Click on Find a Dentist
- Select the DHMO radio button and enter your zip code
- Select HD DHMO/Prepaid CS250 Network
- Set your search criteria
- Search for a dentist
- Select a dentist and locate the Dentist ID number
- Select Show Info radio button to verify that the provider is accepting new patients

How to Select Your Provider at the Time of Enrollment (First-Time Only)
- Log on to the ICUBA Benefits Portal website at http://icubabenefits.org
- In the search box, type in the word Change
- In the drop down box, select Change My Primary Care Dentist
- Include the six digit dentist ID number

How to Change Your Assigned Provider During the Benefit Year
Contact customer support center at
1-800-979-4760

Effective Date of Your Change –
Any changes done prior to the 15th of the month will be effective on the first day of the next month. (i.e. a change on July 12 will be effective August 1)

Any changes made after the 15th of the month will become effective for the first day of the second following month. (i.e. a change on July 16 will be effective September 1)