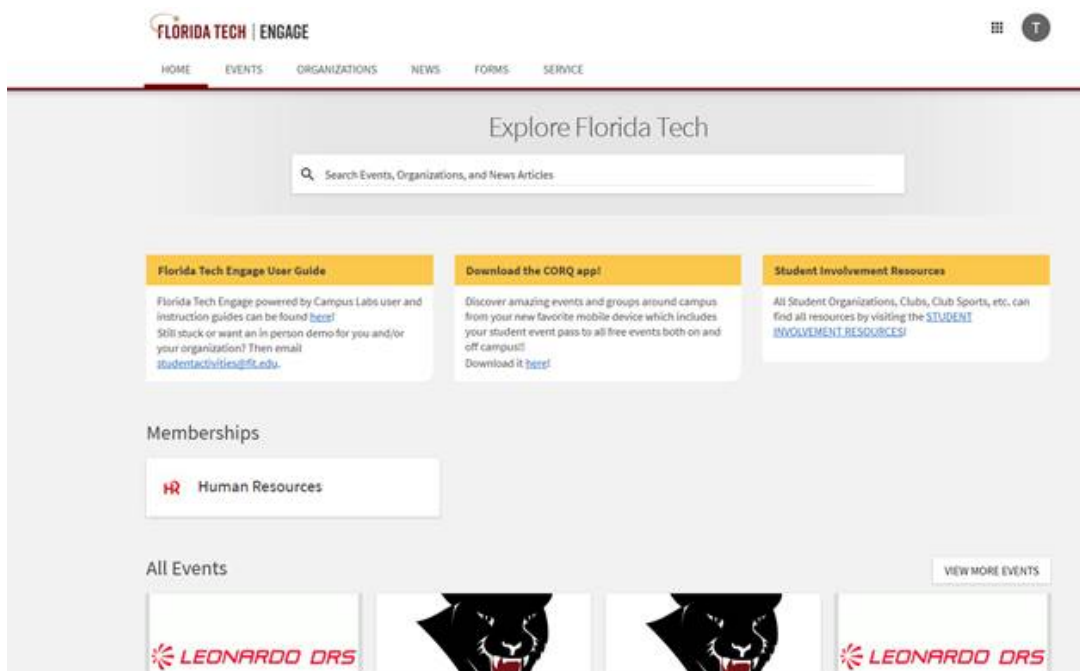
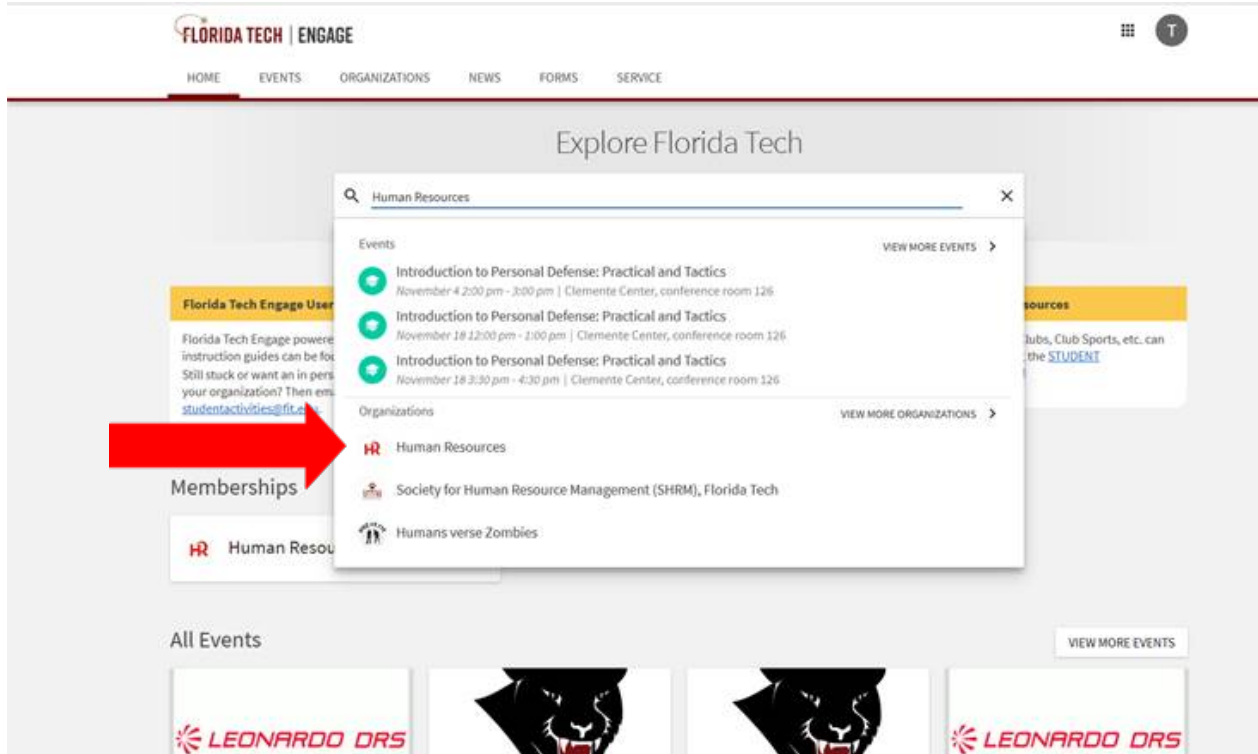


## HOW TO SIGN UP FOR WELLNESS EVENTS THROUGH CORQ

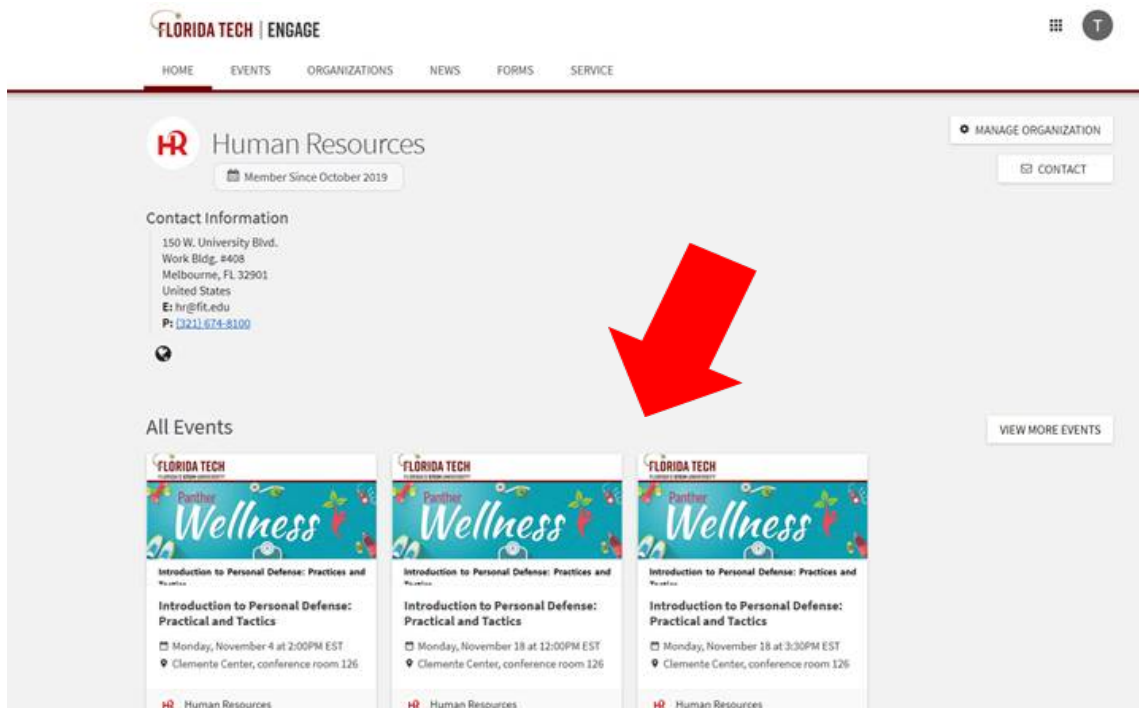
**STEP 1** – go to <https://floridatech.campuslabs.com/engage/>. Please log in using your TRACKS account information.



**STEP 2** – go to the HOME tab and type in “Human Resources” to find the organization



**STEP 3** – click on “Human Resources” to take you to the HR page. You should now see various Wellness Events. Click on the wellness event/time you would like to sign up for.




## STEP 4 – make sure to click on the blue “Continue to RSVP” button

The screenshot shows the Florida Tech Engage website interface. At the top, there is a navigation menu with links for HOME, EVENTS, ORGANIZATIONS, NEWS, FORMS, and SERVICE. The main content area features a banner for 'Panther Wellness' with the text 'Introduction to Personal Defense: Practices and Tactics'. To the right of the banner, the event title 'Introduction to Personal Defense: Practical and Tactics' is displayed. Below the title, the 'Date and Time' is listed as Monday, November 18 2019 at 12:00 PM EST to Monday, November 18 2019 at 1:00 PM EST, with links to add to Google Calendar or iCal/Outlook. The 'Location' is identified as Clemente Center, conference room 126. A 'MANAGE EVENT' button is located in the top right corner. In the lower right section, there is an 'RSVP to Event' box with the text 'You have not responded yet' and a prominent blue 'CONTINUE TO RSVP' button. A large red arrow points directly to this button. The 'Description' section on the left provides details about the course being run by Mark Laderwarg and Michelle Luce, and lists learning objectives such as 'Legal Aspects of self-defense' and 'Awareness - Preparation - Experience'.

## STEP 5 – Click on “I will be attending” and RSVP for the time/date. Ensure you click on the “RSVP” blue button at the bottom to complete your reservation.

Your RSVP is not complete until you select the RSVP button.

**FLORIDA TECH**  
FLORIDA'S STEM UNIVERSITY



**Introduction to Personal Defense: Practices and Tactics**

ADD TO GOOGLE CALENDAR

ADD TO ICAL/OUTLOOK

**Host Organization**  
[Human Resources](#)

**Categories**  
Recreational Sports Faculty/Staff


*Fields marked with an asterisk (\*) are required.*

## RSVP for Introduction to Personal Defense: Practical and Tactics

**Date and Time**  
Monday, November 18 2019 at 12:00 PM EST  
Monday, November 18 2019 at 1:00 PM EST

**Location**  
Clemente Center, conference room 126

**RSVP to This Event**


I will be attending 

I won't be attending

**RSVP Questions**

Which session do you plan on attending?

Nov. 4th 2:00-3:00PM

Nov. 18th 12:00-1:00PM 

Nov. 18th 3:30-4:30PM

You should now see “I will be attending” under the “RSVP to Event” section. You have successfully RSVP’d!

MANAGE EVENT



### Introduction to Personal Defense: Practices and Tactics

## Introduction to Personal Defense: Practical and Tactics

**Date and Time**  
Monday, November 18 2019 at 12:00 PM EST to  
Monday, November 18 2019 at 1:00 PM EST  
[Add To Google Calendar](#) | [iCal](#) | [Outlook](#)

**Location**  
Clemente Center, conference room 126

### Description

Personal Defense introduction course run by Mark Laderwarg and Michelle Luce. Does count for Rally Rewards (\$10 gift card).

**Learn:**  
Legal Aspects of self-defense  
Awareness - Preparation - Experience  
How to go from victim to victor

### Categories

### RSVP to Event

I will be attending



[CONTINUE TO UPDATE RSVP](#)