

Biometric Screening Process for Rally Credit

Submit for Rally Credit Using the Physician Results Form

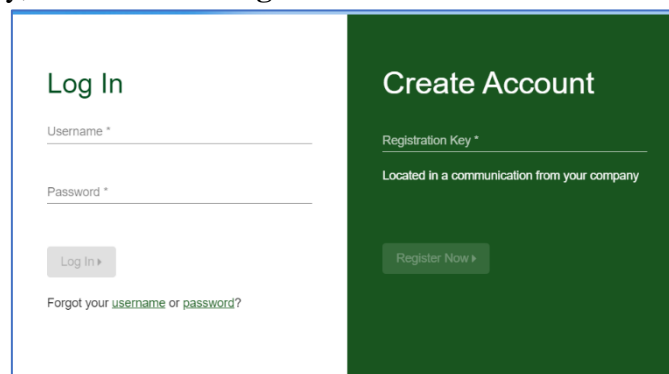
The Physician Results Form allows ICUBA Medical Plan members and covered spouses to earn credit for biometrics in Rally by completing with their primary care provider during an annual wellness visit. Total cholesterol, HDL/LDL, triglycerides, blood sugar, blood pressure and A1c will be included.

- Credit will only be earned through completion and submission of the required Physician Fax Results Form.
- The first step is to login and download the form. This form is generated with a unique barcode and is personalized to each individual and cannot be shared; even amongst spouses.
- To be most effective, the member will want to download the form and take it with them to their annual physical, and/or proactively request the annual blood work in preparation for their appointment.
- The form must be completed and signed by the member and the PCP; then returned to Quest by Fax or uploaded to the Quest website by no later than 03/31/2021.
- Employees are encouraged to request a copy for their records, and **upload/fax the form to Quest on their own.**
- Members should give at least 4 – 6 weeks after the form is uploaded/faxed to see credit in Rally.

Logging In

- Visit <https://my.questforhealth.com/> and login to your Quest account
- If you've already established an account, use the **Log In** area to enter your **username** and **password** and select the **Log In** button. If you've forgotten your login information, use "the forgot username or password" link.
- If you've never registered on the site to establish an account, use the **Create Account** area, enter the registration key, and select the **Register Now** button

- **Registration Key:**
ICUBA




The screenshot shows two side-by-side panels. The left panel is titled "Log In" and contains a "Username *" field, a "Password *" field, a "Log In >" button, and a link "Forgot your username or password?". The right panel is titled "Create Account" and contains a "Registration Key *" field, a note "Located in a communication from your company", and a "Register Now >" button.

Order the Physician Results Form

- From the dashboard, click **“Order Form”** under the Physician Results Form

Why You Should Participate

Completing a screening gives you the knowledge you need to identify your health risks and transform your health.



Wellness Screening

To get started, select an appointment method below.

At a Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

[Schedule a Screening ▶](#)

Physician Results Form

Download a form that your health provider completes with your recent test results.

[Order Form ▶](#)

Downloading the Form

- Once the Wellness Screening options is created, click **“Download Form.”**
- Take this personalized form with you to your annual visit with your doctor **when routine blood work is completed.**
- The form must be completed and submitted between 04/01/2020 – 03/31/2021.

Thank you, [redacted]

Your wellness screening has been created as a Physician Results Form, download it below.

Physician Results Form

[Download Form](#)

Tests must be completed between:
Wednesday, Apr 01, 2020 - Wednesday, Mar 31, 2021

Physician Results Form must be returned by:
Wednesday, Mar 31, 2021

[Back to Dashboard](#)

Prepare For Your Appointment

- Drink plenty of water prior to your appointment
- Continue to take all medications as prescribed by your healthcare provider
- Do not eat or drink anything, except water, for 9-12 hours prior to the blood test

Next Steps

1 You can fax your form to 844.560.5221 or [upload it](#).

For questions, contact the Health & Wellness Service Center: 855.623.9355

Breaking down the form...

- You will fill out/confirm data in the top half of the form and **sign**.

Company Name	ICUBA	Contract Name	ICUBA 2020
You need to fill this section out.		Complete this section before you see your healthcare provider.	
Last Name	First Name	MI	0
Gender	<input checked="" type="checkbox"/> Female <input type="checkbox"/> Male		
Email Address	Phone Number		
Address			
City	State	Zip Code	
By signing this requisition form and receiving these services, I acknowledge and agree to the Terms of Service which have been provided to me by Quest Diagnostics.			
Participant Signature		Date of Birth	

Breaking down the form....

- The physician will fill out the screening results in the second half of the form and sign it. The fax number for your physician **or you** to submit is included on the form.

- Members should request a copy of the completed form for your records and also in case it gets lost in the process.

This section must be completed by your Healthcare Provider. ! The information provided below will be kept confidential.

Date Test(s) Performed	MM-DD-YY	Testing and Measurements Must be Collected Between	04/01/2020	03/31/2021
Height (ft)	Height (inches)	Weight (lbs)	Systolic BP	Diastolic BP
Trigs (mg/dL)	HDL	Total Chol	LDL	
Glucose (mg/dL)	Fasting >9 Hours	<input type="checkbox"/> Yes <input type="checkbox"/> No	HgbA1c (%)	
Waist Circumference (inches)				
Healthcare Provider (Printed)				UPIN/ NPI
Healthcare Provider (Signature)				

- If you lose the form, members can login to your <https://my.questforhealth.com/> account and click “download your form here” under Scheduled.
- If you aren’t seeing your incentive in Rally after 4-6 weeks, you can “Upload Form” on your own or fax a copy to 844-560-5221.



Scheduled

Physician Results Form

You have downloaded your form. You can fax it in or upload it to the right. You can also [download your form here](#).

Upload Form ▶
Cancel ▶

[? Need More information?](#)