

Your covered weight loss benefit



No fad diets or extra gym visits—just foods that are right for you Virta is your guided nutrition program—available at **\$0 cost to you**. Personalized to your lifestyle and health goals, Virta uses nutrition science to build custom plans that help you sustainably lose weight and transform your health.

Join the thousands of people using Virta and transforming their lives



"I FEEL wonderful. For the first time in my life, I am losing weight safely and eating real food. The plan is easy to follow, and the weight loss has been so surprising that I've had to buy new clothes already."

Bob, Virta member



Visit virtahealth.com/join/optumrx or scan the QR code to claim your benefit today.

Virta is your fully-covered benefit for better health.

Get personalized nutrition support at no cost to you.

At \$0 cost to you, you'll receive:



Personalized health coaching



Connected weight scale



Exclusive nutrition resources and recipes



Dedicated medical guidance

Virta Health's nutrition therapy care plans may be suitable for adults (18+) with certain metabolic health conditions. For more information and to confirm eligibility, please visit: www.virtahealth.com/join/optumrx and click 'Join Now' to start your application. Members were selected to receive this communication based on pharmacy claims data. Information in this letter is confidential and not shared with any non-medical personnel or personnel not directly managing pharmacy claims. Medications listed in this letter are subject to change. This document and others, if attached, contain information from Optum Rx that is proprietary, confidential and/or may contain protected health information (PHI). We are required to safeguard PHI by applicable law. The information in this document is for the sole use of the person(s) or company named above. If you received this document by mistake, please know that sharing, copying, distributing or using information in this document is against the law. If you are not the intended recipient, please notify the sender immediately and return the document(s) by mail to Optum Rx, PO Box 2749, Shawnee Mission, KS 66201

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