Events from April to June, 2019

April 2019

SurgeryPlus Webinars—These webinars served as the launch of a new benefit as part of the medical plan. Employees had the option of viewing the webinar from their computer or attending one of two on-site opportunities to view the webinar. Rally points were awarded to those employees who attended the on-site event or obtained at least 80% on the quiz.

Florida Today Corporate 5K—Nineteen employees and spouses gained Rally Rewards for completing the 5K race at the Orlando Melbourne International Airport April 18, 2019. Our team consisted of 33 members. Florida Tech came in third in its category of companies with 1,000-4,999 employees. The trophy is on display in the Office of Human Resources.

May 2019

Bringing Nature Home—Gardening is a great physical and mental health activity. Jane Higgins from the Conradina chapter of the Florida Native Plant Society presented Douglas Bellamy’s work on why it is so important to plant for wildlife. The presentation had stunning photos, and everyone received a native plant.

June 2019

Beach Cleanup—Partnered with Keep Brevard Beautiful, 17 employees and their family members volunteered at Canova Park to pick up litter from the beach. The weather was very hot, but the water was beautifully calm. Ten employees and spouses received Rally Rewards for this event.

Upcoming Events

Ongoing Events

Walking Club
Every Tuesday at 5:30 p.m.
Melbourne Square Mall
Contact Karen Hill
khill@fit.edu or 321-674-8702

Financial Health
Meet with your Lincoln or TIAA rep for a 1:1 consultation for Rally Rewards. One on-site reward per plan year.

Coming in September

Health Fair
Get your biometrics screening
Sept. 11, 2019
9 a.m.–2 p.m.

Market Volatility
Presented by TIAA
Sept. 19, 2019
Noon in the Hartley Room
Navigating your health care can be confusing. How can you find a new doctor? What services are covered under your benefits? Did the hospital bill you correctly? How can you cope with a medical problem?

We can help — by linking you with a customer service representative who has expertise in your particular benefits and can point you in the right direction.

Get answers from someone who can help you make the most of your benefits. Here are some ways we can help.

**Understand your insurance plan**
Stay informed about your benefits, make sure you are using them effectively and learn about online tools.

**Choose the right care**
Get help finding a doctor, choosing a hospital and comparing costs for treatments or medications.

**Navigate the system**
Get help communicating with providers, finding care for a particular condition and even scheduling appointments.

**Review your bills**
Have questions about a bill? Get answers about costs as well as help reconciling any billing errors.

Call 855-258-9029 to speak to a Care Connected representative who can answer your health care and benefits questions.