Get your flu shot and other routine vaccines

**Flu shots**
The flu affects millions of people each year and can lead to serious illness, or even death. The flu can be a contagious illness caused by influenza viruses that infect the lungs, throat and nose. According to the Centers for Disease Control and Prevention (CDC), one of the best ways to prevent the flu is by getting vaccinated each year.¹ The CDC recommends a yearly flu vaccine for everyone six months of age and older, as the first and most important step in protecting against this serious disease.²

**Routine vaccines**
You can also keep yourself and your family members healthy with routine vaccines that prevent illnesses like tetanus, pneumonia and shingles. Routine vaccines are available on most plans, and can help you and your family maintain better overall health.

**Easy access to flu shots and other vaccines**
OptumRx contracts with a variety of national pharmacy chains to provide members with easy access to flu shots and other routine vaccines. Plus, members get the highest level of benefit coverage (100% for many plans) for vaccines obtained from contracted pharmacies that participate in the Vaccine Immunization/Injection Network administered by OptumRx.³

Many vaccines can be obtained on a walk-in basis by presenting the OptumRx ID card at the time of service. Members should review their benefit plan to determine coverage for vaccines.

For more information sign in to [optumrx.com](http://optumrx.com) or call the number on your OptumRx ID card.
Retail pharmacies

This list represents the larger retail chain pharmacies in our network, but is not the full list. For a more complete list, you can log in to optumrx.com or call the number on your health plan or prescription ID card. Pharmacists administer the vaccines at these locations.

- **Ahold USA** (Giant Food Stores, Giant of Maryland, Stop & Shop, Ukrop’s Super Markets)
- **Albertsons**
- **CVS Pharmacy**
- **Four B Corporation** (Hen House, Price Chopper)
- **H-E-B Pharmacy**
- **Hy-Vee Pharmacy**
- **Kmart Pharmacy**
- **The Kroger Co.** (Dillons, King Soopers, Fry’s, Fred Meyer, Ralphs, QFC, Harris Teeter, Roundy’s, Pick ’n Save, Copps Food Center, Metro Market, Baker’s Pharmacy, City Market, Mariano’s, Pay Less, Owens’s Market, Jay C Food Stores, Gerbes Pharmacy)
- **K-VA-T Food Stores, Inc.** (Food City)
- **Meijer Pharmacies**
- **Publix**
- **Safeway-affiliated pharmacies** (Carrs, Pavilions, Randalls, Safeway, Tom Thumb, Vons)
- **Supervalu-affiliated pharmacies** (Biggs, Osco Drug, Sav-on Drugs, Shaw’s Supermarket)
- **Thrifty White Pharmacy**
- **Tops Markets**
- **Walgreens Pharmacy** (Duane Reade, Rite Aid, Walgreens)
- **Walmart Pharmacy**
- **Wegmans**

Routine vaccines

Most of the following routine vaccines are available at pharmacies that participate in the Vaccine Immunization/Injection Network administered by OptumRx.

Age restrictions or limitations may apply. Check with your network pharmacy for specific age, flu shot and vaccine requirements.

### Flu shots

<table>
<thead>
<tr>
<th>Vaccine Type</th>
<th>Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>Flu (Influenza)*</td>
<td>Afluria® Quad, Flud®, Fluad Quad, Fluarix® Quad, Flublok® Quad, Flucelvax® Quad, FluLaval® Quad, FluMist® Quad, Fluzone® HD, Fluzone Quad</td>
</tr>
</tbody>
</table>

### Routine adult vaccines

<table>
<thead>
<tr>
<th>Vaccine Type</th>
<th>Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hepatitis A* (Adult and pediatric)</td>
<td>Havrix®, Vaqta®</td>
</tr>
<tr>
<td>Hepatitis B* (Adult and pediatric)</td>
<td>Engerix-B®, Heplisav-B® (adult only), Recombivax HB®</td>
</tr>
<tr>
<td>Human papillomavirus (HPV)* — Vaccine prevents HPV-related cancers</td>
<td>Gardasil-9®</td>
</tr>
<tr>
<td>Measles, mumps, rubella*</td>
<td>MMR-II</td>
</tr>
<tr>
<td>Meningococcal* — Vaccine prevents meningitis groups A, C, Y and W-135</td>
<td>Menactra®, Menveo®</td>
</tr>
<tr>
<td>Meningococcal* — Vaccine prevents meningitis group B</td>
<td>Bexsero®, Trumenba®</td>
</tr>
<tr>
<td>Pneumococcal* — Vaccine prevents pneumonia</td>
<td>Prevnar13®, Pneumovax® 23</td>
</tr>
<tr>
<td>Tdap* — Vaccine prevents tetanus, diphtheria, pertussis</td>
<td>Adacel®, Boostrix®</td>
</tr>
<tr>
<td>Td* — Vaccine prevents tetanus and diphtheria</td>
<td>TDVAX, Tenivac®</td>
</tr>
<tr>
<td>Varicella* — Vaccine prevents chickenpox</td>
<td>Varivax®</td>
</tr>
<tr>
<td>Zoster* — Vaccine prevents shingles</td>
<td>Shingrix®, Zostavax®</td>
</tr>
</tbody>
</table>

*Vaccine type

2. Ibid.
3. There may be some instances in which a particular location of one of the vaccine providers is not participating in the national OptumRx Vaccine Immunization/Injection Network.