

Stalking: Advice for Victims



Stalking is repeated, unwanted behavior that makes you feel distressed or scared.



Stalking can include anything from nonstop calls to creepy letters, gifts to social media abuse.



It can be with or without violence or intimidation and has a huge emotional impact on its victims.

WHAT CAN YOU DO TO BE SAFE?

- › **Don't engage.** Trying to reason with the stalker may make the situation worse.
- › **Tell people.** Speak to peers and colleagues who may be able to help you collect evidence.
- › **Keep a diary.** Include times, dates, locations, what happened, any vehicle details and how it made you feel.
- › **Trust your instincts.** If something doesn't feel right, tell somebody about it.
- › **Don't suffer in silence.** You can report to the Title IX office via email at titleixcoordinator@fit.edu, by phone at 321-674-8885 or by walk-in.

1 in 6 females and 1 in 12 men will experience stalking in their adult life.



STALKING AND REPORTING

Individuals who want to file a report and individuals accused of sexual misconduct have options for reporting, resources, and care and support services. You can choose one or multiple options at any time, which include:

- › Reporting to Florida Tech at floridatech.edu/title-ix/reporting
- › Reporting to law enforcement

For more information, please visit floridatech.edu/title-ix.

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