PERSONAL DEVELOPMENT

PROFESSIONAL DEVELOPMENT

Emotional Intelligence (3)

• Be Professional at All Times Consistent Persistence (8) with Patience · Enthusiasm—Let your Passion Show

 Adopt Core Values for a Winning Attitude, Respect for Others and Being Honorable (6)

- Self-Awareness Self-Regulation
- Motivation Empathy
- Social Skills

Creating Trust (2)

- Integrity
- Capabilities
- · Intent (Needs of Players) · Results

- Mastery of Job (4)
- Mastery of Technical Skills
- Yearly Plans—Thorough and Detailed
- Plan Every Aspect of the Team's Season
- Team and Individual Goals
- Vision Statement
 Flexibility in Plans
- Have the Faith to See Your Vision Through (Stockdale Paradox) (9)

Competency

Role Model

Planning

- Must be Part of Your Planning Process
- Have a Mindset to Improve at Every Practice

- Career/Academic Well-Being
- Social Well-Being
- Financial Well-Being
- Physical Well-Being
- Spiritual Well-Being
- Caring and Helping Others Promotes Well-Being
- Make the Right Choices
- Have the Courage to Do What is Right
- Build Trust—Make **Sure Your Intent is** Aligned with Your **Team Members**
- Discipline On and Off the Field
- Play, Laughter and Fun— Necessary for the Coach
- Time Management—Figure Out How to Get It Accomplished
- Prioritize and Concentrate Effort
- Maintain and Improve Equipment and Facilities to Show Pride and Desire to Be the Best You Can Be
- Dress Team Members and Coaches to Reflect the Image You Want to **Project**
- Use Signage (Branding) to Motivate and Show Pride in Program

Caring

Character/

Integrity

Structured

Environment

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Continuous Daily Improvement

One-On-One Communication

- Listen to the Thoughts and Concerns of Team Members
- Share with Players Your Expectations for Them, and Listen Carefully to Their **Expectations of You**
- Review Role of Every **Team Member**
- Review Team Goals and Develop Player Goals

Competition

- Design Competition to Achieve Best Results
- Develop Confidence through Competition Successes
- Strategically Progress Toward Peak Performance

Teacher

Recruiting/

Hiring

Teamwork/ Relationships

- "Building a Team is About Building Relationships" (6)
- Trust Your Team Members and Give Them Reasons to Trust You
- Praise Individuals for their Contributions to the Team
- Place Individuals in Roles that Best Serve the Team and Themselves

Develop a

- CULTURE of Academic and Athletic EXCELLENCE with Loyalty, Commitment, Persistence, Consistency, Patience and Determination
- Explain, Demonstrate, Execute and Critique—Repeat, Repeat, Repeat (7)
- Teach Lifelong Values
 Coach-Up Every Team Member
- Sportsmanship for Players and Fans Maintain High Expectations
- Proactive in Addressing Adverse Social Issues, i.e., Gambling, Alcohol, Drugs, Sexual Harassment, Academic Dishonesty, Bullying and Hazing
- Recruiting/Hiring the Right Person is the Most Important Responsibility You Have
- Avoid Expending Unnecessary Emotional Energy, and Hire Someone Who Fits Your Model
- When Recruiting Team Members, Make Sure Recruits are a Strong Academic Fit; This Will Improve Their Athletic Success and Retention

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